

# EXTRACT FROM CLINICAL STUDY ON VERISOL®

## Oral intake of specific bioactive collagen peptides reduces skin wrinkles and increases dermal matrix synthesis

Proksch E., Schunck M., Zague V., Segger D., Degwert J., Oesser S. - Skin pharmacol physiology, December 2013

### Materials and Methods

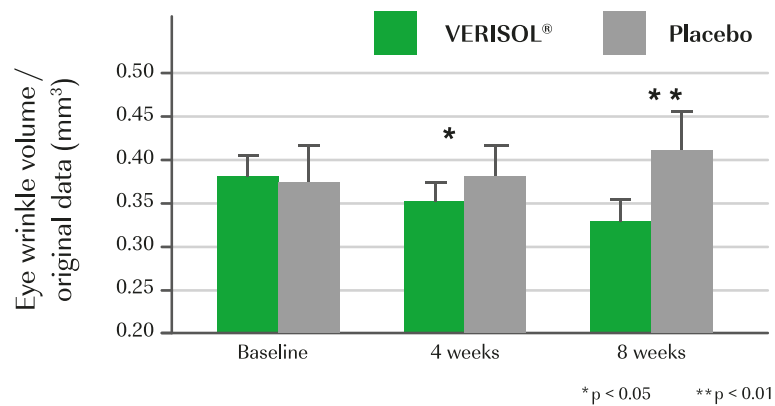
114 healthy female subjects, (aged 45-65) were randomized to receive 2.5 g of VERISOL® or placebo, once daily for 8 weeks.

### Results

The ingestion of hydrolyzed collagen promoted a statistically significant reduction of eye wrinkle volume in comparison to the placebo group after 4 and 8 weeks (20%) of intake (Fig. 1 a,b).

After 8 weeks of intake a statistically significantly higher content of procollagen type I (65%) and elastin (18%) (Fig. 2).

Fig. 1 a



**WRINKLE  
ATTENUATION**  
**-20.1%**  
after 8 weeks



Fig. 1 b

Fig. 2

